MTB RDB HKG RNG

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Track : 2015-09-28 La traversata degli Ernici	TRAIL DIFFICULTY
Detected modality = HKG (Hiking)	Score
Reanalyzed as BYC (Bicycle) RNG (Running)	**IBP = 170 HKG**

Reliability of the original trail: A (1817/84/0/-/-/84)

Level of correction applied to the trail: 0

Total length: 16.768 Km mi / ft ?	**Max slope filter:** ~55 %
Analyzed distance: 16.768 Km	**Min. ponts separation:** ~30 m
Lineal distance: 5.379 Km	**Number of points:** 4505 (cad. 3.72 m)
	Significant points: 532 (cad. 31.58 m / 11.81 %)

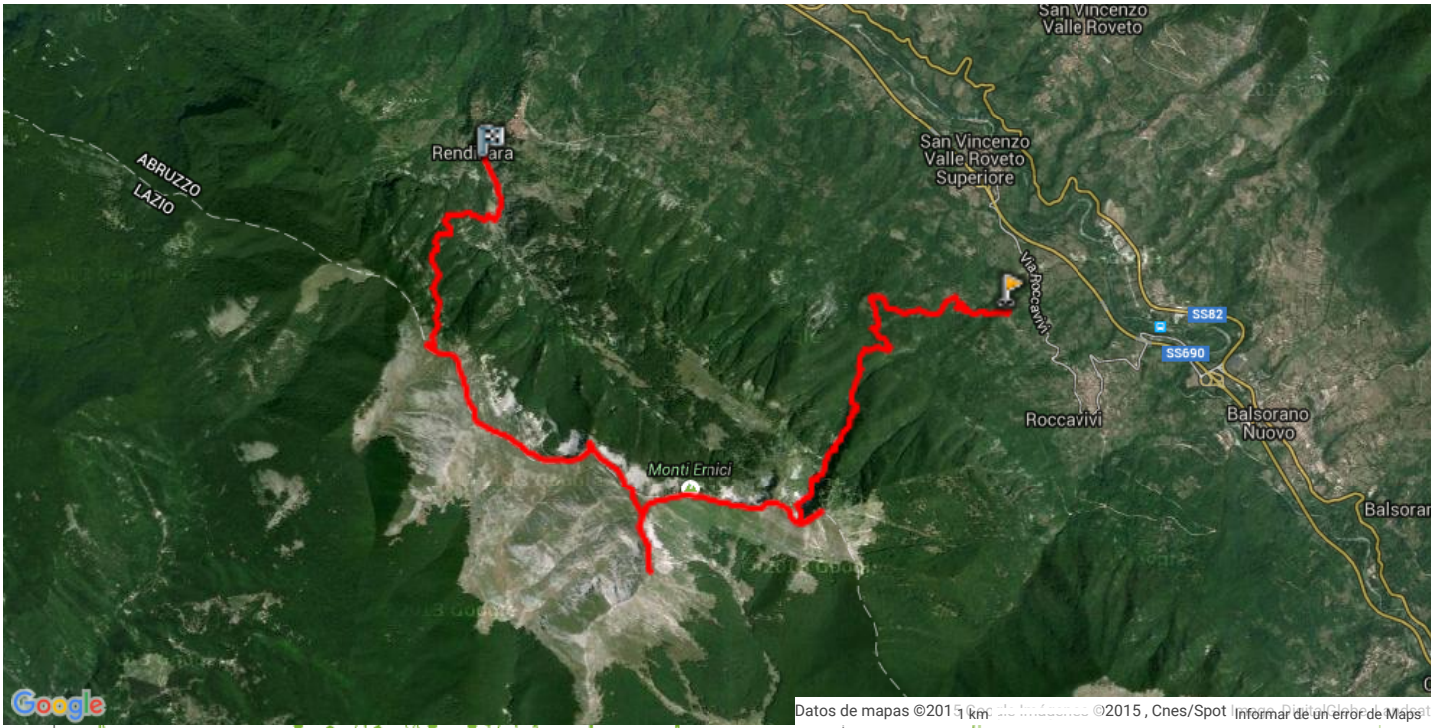
Accumulated climb: 1907.91 m	info Points list
Accumulated descent: 1549.71 m	
Maximum height: 2064.57 m	
Minimal height: 575.49 m	
Climb rate: 20.34 %	
Descent rate: 21.7 %	
Positive climb difference per Km: 113.78 m	
Negative descent difference per Km: 92.42 m	

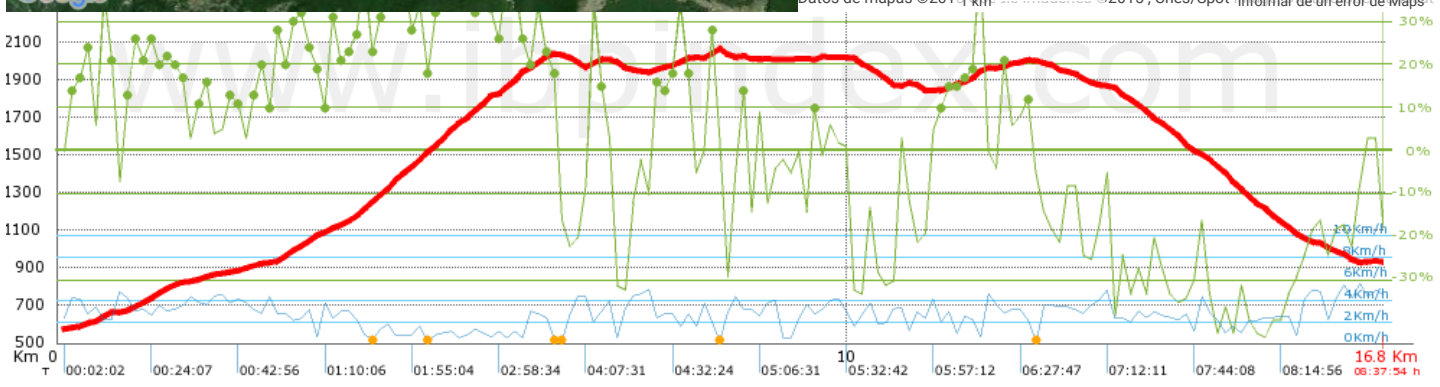
Direction changes per Km: 16.58
Direction changes >5º per Km: 13.66
Accumulated straight stretches: 2.16 Km
Straight stretches per Km: 128.82 m
Penalizables slope changes: 10
Penalizables slope changes per Km: 0.596

Total time: 8:37:54 h
Time in movement: 6:33:09 h
Stopped time: 2:04:45 h

Total speed average: 1.94 Km/h
Average speed in movement : 2.56 Km/h
Maximum held speed: 5.46 Km/h

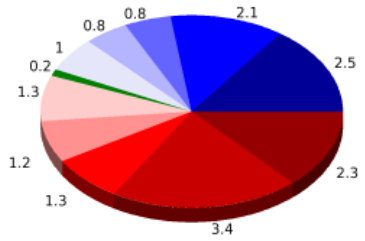
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Altitude | Slope % | Climb > 10% | Speed Km/h | Speed > 10 Km/h | Speed < 0.5 Km/h

Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	2.301	13.72	1.54	1:29:31
Between 15 and 30%	3.394	20.24	2.69	1:15:45
Between 10 and 15%	1.255	7.48	3.17	0:23:47
Between 5 and 10%	1.158	6.9	3.07	0:22:38
Between 1 and 5%	1.273	7.59	3.46	0:22:06
Total	9.38	55.94	2.41	3:53:47
Plain				
Difference of 1%	0.248	1.48	2.71	0:05:29
Breakdown descents				
Between 1 and 5%	0.973	5.8	3.85	0:15:10
Between 5 and 10%	0.786	4.69	4.11	0:11:29
Between 10 and 15%	0.776	4.63	3.01	0:15:27
Between 15 and 30%	2.111	12.59	2.84	0:44:32
Between 30% and 55%	2.494	14.88	2.23	1:07:15
Total	7.14	42.58	2.78	2:33:53
Total track:	16.768	100 %	2.56	6:33:09

High altitude parameters, data above 1500 m

Altitude m	Distance Km	% of total	Time in movement	Speed	Stopped time	Total time	Speed total
2000	3.05	18.19	0:59:11	3.09	1:20:28	2:19:39	1.31
1750	5.351	31.91	2:05:48	2.55	0:13:52	2:19:40	2.3
1500	1.451	8.65	0:52:14	1.67	0:13:15	1:05:29	1.33
Total:	9.852 Km	58.76 %	3:57:13 h	2.49 Km/h	1:47:35 h	5:44:48 h	1.71 Km/h

Stops

Distance Km	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.153	0:03:09	1044	1:02:46	1:02:46	3.153
3.943	0:04:08	1245	1:27:29	0:24:43	0.79
4.246	0:05:08	1358	1:42:30	0:15:01	0.303
4.428	0:02:14	1430	1:52:50	0:10:20	0.183
4.642	0:09:55	1511	2:04:02	0:11:12	0.213
5.009	0:03:20	1647	2:27:36	0:23:34	0.367
5.411	0:03:25	1797	2:50:05	0:22:29	0.402
5.629	0:03:44	1849	3:01:10	0:11:05	0.219
5.844	0:03:52	1933	3:12:21	0:11:11	0.215
6.24	0:32:46 > 10'	2031	3:25:29	0:13:08	0.396
6.986	0:06:25	2009	4:13:42	0:48:13	0.746
8.345	0:08:19	2064	4:48:00	0:34:18	1.359
9.136	0:07:43	2010	5:11:26	0:23:26	0.791
11.581	0:02:51	1915	6:12:20	1:00:54	2.445
12.272	0:25:15 > 10'	2004	6:29:36	0:17:16	0.691
15.552	0:02:31	1117	8:16:47	1:47:11	3.28
Total:	2:04:45 h				

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2013-08-04 Pietra Corniale (RNG)	Ref.: 36511309914467
2013-08-06 Pietra Corniale (RNG)	Ref.: 36511309913793

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